

From Total "Not Sucking Me In" Skeptic to

My wife told me that "I had to come" with her as Dr. Waldt wanted me to see her x-rays. Forced to, I came along. As I sat there waiting, watching the never ending tape on the TV I kept telling myself "I'm not falling for this, not me"

We all went upstairs to review the x-rays. They didn't look so good. I barely said a single word. Just kept thinking it would do her good to be treated but, not me. I knew I had lower back muscles that "go out" when they want for no apparent reason and a couple of herniated discs. But, this is a Chiropractor they align people and I didn't need aligning. We all went back down stairs and as my wife received her treatment I started thinking "Fusion, what if I'm wrong and 10 years down the road it is too late". So, I asked about our insurance coverage and low and behold they paid 100% with no co-pay. That made it easy and off for some x-rays we went.

We made an appointment to review the x-rays and I was given "new patient" paperwork to fill out and we went home. I filled in my name, address, etc. but, I thought to myself "Why should I tell him what I know is wrong, let him tell me" so those areas were left blank. Paperwork in hand, we came back to review my x-rays. I just sat there as Dr. Waldt pointed out pretty much everything I already knew and I asked about associated symptoms. Dr. Waldt said he could help and I said "Ok, you passed". "I passed" Dr Waldt replied. I said "Yes, I knew most of that I just wanted to see if you did".

After my first treatment, I felt so much better. I didn't need the 20 minute loosen up hot shower on my back in the morning. My body started feeling good. I thought I felt good before but, that was probably feeling accustomed to what life had done.

After a couple of months we did follow up x-rays on my neck and the results were amazing. Dr. Waldt said they were exceptional for such a short period of time. You have my permission to see them for yourself, ask Dr. Waldt.

Now I come twice a week. Get adjusted, off to the back room for a ride on the table, then a stretch on the ball, and followed by back extensions.

There is one downside though, our insurance has changed and we now have a co-pay but, it's worth it.

AL HURWITZ

..... Believer.